Frozen Yogurt Breakfast Pops



Ingredients

- 750g yogurt
- handful fresh or frozen berries
- handful granola

Method

Put 9 silicone muffin cups on a small baking tray or plate.

Spoon some yogurt into each cup.

Add a few berries to each cup.

Sprinkle some granola in each cup.

Top with more yogurt to fill the cup.

Push a lolly stick into each cup.

Put in the freezer for 2 hours until solid.

