

Frozen Banana Yoghurt Bites



Ingredients

- 1 large ripe banana
- 150g natural yoghurt
- Handful dried banana chips

Method

Put 12 cupcake cases onto a small baking tray.

Peel the banana and mash it up.

Mix the banana with the yoghurt.

Use a spoon to drop some yoghurt mixture into each cupcake case.

Put some banana chips into each cup and press them into the yoghurt with your fingers.

Freeze for 2 hours or until solid.

Pop out of the cases and serve.

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